



April 2019

SIDNEY HIGH SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Foot Long Hot Dog BBQ Pulled Pork Sand French Fries Fruit Milk	2 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	3 BBQ Chicken Snax Cheese Quesadilla Bean Soup Fruit Milk	4 Pizza Hut Che Pizza Turkey Wrap Baby Carrots Fruit Milk	5 Spaghetti w/meat Spicy Chicken Tender Romaine Lettuce Breadstick 7" Fruit Milk
8 Hamburger Patty Sand Pizza Burger Sand. Steamed Broccoli Fruit Milk	9 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk	10 Grilled Chicken Sand BBQ Rib Sandwich Sweet Potato Fries Fruit Milk	11 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk	12 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk
15 Sausage & Egg Sand. Br. Chicken Patty Tater Tots Fruit Milk	16 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	17 Foot Long Hot Dog Sloppy Joe Sand Baked Beans Fruit Milk	18 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk	19 NO SCHOOL - EASTER BREAK
22 Toasted Cheese Breaded Pork Patty Tomato Soup Fruit Milk	23 Popcorn Chicken Fish Stix Mashed Potatoes Wh. Gr. Dinner Roll Fruit Milk	24 Hamburger Patty Sand Spicy Chicken Patty Baked Beans Fruit Milk	25 Pizza Hut Pep Pizza Meatball Sandwich Tossed Salad Straw-Banana Yogurt Fruit Milk	26 Macaroni & Cheese Ravioli Steamed Broccoli Teddy Grahams Fruit Milk
29 Foot Long Hot Dog BBQ Pulled Pork Sand French Fries Fruit Milk	30 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk			

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these. Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70  
Reduced Price - \$.40  
Breakfast Price - \$1.50  
Milk - \$.50

Building Contact  
Number -  
SHS - 497-2238  
Food Service  
Department -  
497-2200

Free/Reduced  
application online at:  
[www.lunchapplication.com](http://www.lunchapplication.com)

[www.sidneycityschools.org](http://www.sidneycityschools.org)

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Non-discrimination Statement: This institution is an equal opportunity provider.

Serving Date	Recipe	Allergens
04/01/2019	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0470 - French Fries (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/02/2019	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat, Soybeans (soy)
	R-0371 - Chicken Alfredo	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/03/2019	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0480 - Bean Soup (HS)	Wheat, Soybeans (soy)
04/04/2019	R-0678 - Cheese Quesadilla	Milk
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0304 - Turkey Wrap	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
04/05/2019	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0261 - Spaghetti with Meat Sauce	Wheat
	R-0279 - Spicy Chicken Tenders	Wheat, Soybeans
04/08/2019	R-0317 - Breadstick 7"	Milk, Wheat
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
04/09/2019	R-0255 - Milk	Milk
	R-0383 - Hamburger Patty HS	Wheat
	R-0402 - Pizza Burger Sand.	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/09/2019	R-0255 - Milk	Milk
	R-0276 - Fish	Eggs, Wheat
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat

04/09/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
04/10/2019	R-0211 - Grilled Chicken Sand	Wheat
	R-0255 - Milk	Milk
	R-0272 - BBQ Rib Sand. (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
04/11/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
04/12/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0213 - Walking Taco	Milk, Soybeans (soy)
	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
04/15/2019	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat
	R-0287 - Sausage, Egg, & Cheese Sandwich	Milk, Eggs, Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
04/16/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0319 - Chix & Ch Quesadilla	Milk, Wheat, Soybeans (soy)
	R-0446 - HS breadstick	Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/17/2019	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/18/2019	R-0711 - Sloppy Joe Sand	Soybeans
	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs
	R-0255 - Milk	Milk
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
04/22/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0269 - Breaded Pork Patty Sand (HS)	Eggs, Wheat, Soybeans (soy)
	R-0464 - Toasted Cheese Sandwich-HS	Milk, Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat

04/22/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/23/2019	R-0255 - Milk	Milk
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
04/24/2019	R-0255 - Milk	Milk
	R-0282 - Spicy Chicken Patty Sandwich	Wheat
	R-0383 - Hamburger Patty HS	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/25/2019	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs
	R-0255 - Milk	Milk
	R-0275 - Meatball Sandwich	Milk, Wheat, Soybeans (soy)
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0520 - Strawberry-Banana Yogurt	Milk
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/26/2019	R-0255 - Milk	Milk
	R-0294 - Teddy Grahams	Wheat, Soybeans (soy)
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
04/29/2019	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0470 - French Fries (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
04/30/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat, Soybeans (soy)
	R-0371 - Chicken Alfredo	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans