



January 2019

SIDNEY HIGH SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL - WINTER BREAK *	2 * NO SCHOOL - WINTER BREAK	3 Pizza Hut Pep Pizza Meatball Sandwich Tossed Salad Straw-Banana Yogurt Fruit Milk	4 Macaroni & Cheese Ravioli Steamed Broccoli Teddy Grahams Fruit Milk
7 Foot Long Hot Dog BBQ Pulled Pork Sand French Fries Fruit Milk	8 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	9 BBQ Chicken Snax Cheese Quesadilla Bean Soup Fruit Milk	10 Pizza Hut Che Pizza Turkey Wrap Baby Carrots Fruit Milk	11 Spaghetti w/meat Spicy Chicken Tender Romaine Lettuce Breadstick 7" Fruit Milk
14 Hamburger Patty Sand Pizza Burger Sand. Steamed Broccoli Fruit Milk	15 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk	16 Grilled Chicken Sand BBQ Rib Sandwich Sweet Potato Fries Fruit Milk	17 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk	18 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk
21 * NO SCHOOL- MARTIN LUTHER KING	22 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	23 Foot Long Hot Dog Sloppy Joe Sand Baked Beans Fruit Milk	24 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk	25 * PD-NO STUDENTS
28 Toasted Cheese Breaded Pork Patty Tomato Soup Fruit Milk	29 Popcorn Chicken Fish Stix Mashed Potatoes Wh. Gr. Dinner Roll Fruit Milk	30 Hamburger Patty Sand Spicy Chicken Patty Baked Beans Fruit Milk	31 Pizza Hut Pep Pizza Meatball Sandwich Tossed Salad Straw-Banana Yogurt Fruit Milk	

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these. Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70
Reduced Price - \$.40
Breakfast Price - \$1.50
Milk - \$.50

Building Contact
Number -
SHS - 497-2238
Food Service
Department -
497-2200

Free/Reduced
application online at:
www.lunchapplication.com

www.sidneycityschools.org

Make payments easily & safely using K12PaymentCenter.com

Sidney City Schools
Allergens
January 2019

Serving Date	Recipe	Allergens
01/03/2019	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs
	R-0255 - Milk	Milk
	R-0275 - Meatball Sandwich	Milk, Wheat, Soybeans (soy)
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0520 - Strawberry-Banana Yogurt	Milk
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/04/2019	R-0255 - Milk	Milk
	R-0294 - Teddy Grahams	Wheat, Soybeans (soy)
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/07/2019	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0470 - French Fries (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/08/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat, Soybeans (soy)
	R-0371 - Chicken Alfredo	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/09/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/10/2019	R-0480 - Bean Soup (HS)	Wheat, Soybeans (soy)
	R-0678 - Cheese Quesadilla	Milk
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0304 - Turkey Wrap	Wheat
01/11/2019	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0261 - Spaghetti with Meat Sauce	Wheat
R-0279 - Spicy Chicken Tenders	Wheat, Soybeans	

01/11/2019	R-0317 - Breadstick 7"	Milk, Wheat
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
01/14/2019	R-0255 - Milk	Milk
	R-0383 - Hamburger Patty HS	Wheat
	R-0402 - Pizza Burger Sand.	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/15/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0276 - Fish	Eggs, Wheat
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
01/16/2019	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0211 - Grilled Chicken Sand	Wheat
	R-0255 - Milk	Milk
	R-0272 - BBQ Rib Sand. (HS)	Wheat
01/17/2019	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Wheat
	R-0468 - Tossed Salad (HS)	Milk, Eggs
01/18/2019	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0213 - Walking Taco	Milk, Soybeans (soy)
	R-0255 - Milk	Milk
01/22/2019	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
01/23/2019	R-0319 - Chix & Ch Quesadilla	Milk, Wheat, Soybeans (soy)
	R-0446 - HS breadstick	Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
01/24/2019	R-0255 - Milk	Milk
	R-0364 - Foot Long Hot Dog	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/24/2019	R-0711 - Sloppy Joe Sand	Soybeans
	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs

01/24/2019	R-0255 - Milk	Milk
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/28/2019	R-0255 - Milk	Milk
	R-0269 - Breaded Pork Patty Sand (HS)	Eggs, Wheat, Soybeans (soy)
	R-0464 - Toasted Cheese Sandwich-HS	Milk, Wheat, Soybeans (soy)
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/29/2019	R-0255 - Milk	Milk
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
01/30/2019	R-0255 - Milk	Milk
	R-0282 - Spicy Chicken Patty Sandwich	Wheat
	R-0383 - Hamburger Patty HS	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
01/31/2019	R-0235 - Baby Carrots (Elem/MS)	Milk, Eggs
	R-0255 - Milk	Milk
	R-0275 - Meatball Sandwich	Milk, Wheat, Soybeans (soy)
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0520 - Strawberry-Banana Yogurt	Milk
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans