



March 2022

SIDNEY HIGH SCHOOL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	2 Taco Pizza-HS Cheese Quesadilla Refried Beans Fruit Milk	3 Pizza Hut Che Pizza Turkey BLT sandwich Baby Carrots Fruit Milk	4 Spaghetti w/meat Spicy Chicken Tender Romaine Lettuce Breadstick 7" Fruit Milk
7 Stromboli Pizza Burger Sand. Sweet Potato Fries Fruit Milk	8 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk	9 Gen Tso's Chicken Tangerine Chicken Steamed Broccoli Fruit Milk	10 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk	11 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk
14 Sausage & Egg Sand. Br. Chicken Patty Tater Tots Fruit Milk	15 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk	16 Foot Long Hot Dog Italian Sub-HS Baked Beans Fruit Milk	17 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk	18 Chicken and Noodles Salisbury Steak Green Beans Wh. Gr. Dinner Roll Fruit Milk
21 * SPRING BREAK	22 * SPRING BREAK	23 * SPRING BREAK	24 * SPRING BREAK	25 * SPRING BREAK
28 Sloppy Joe Sand BBQ Pulled Pork Sand French Fries Fruit Milk	29 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk	30 Taco Pizza-HS Cheese Quesadilla Refried Beans Fruit Milk	31 Pizza Hut Che Pizza Turkey BLT sandwich Baby Carrots Fruit Milk	

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these. Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70
Reduced Price - \$.40
Breakfast Price - \$1.50
Milk - \$.50

Building Contact
Number -
SHS - 497-2238
Food Service
Department -
497-2200

Free/Reduced
application online at:
www.lunchapplication.com

www.sidneycityschools.org

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

Non-discrimination Statement: This institution is an equal opportunity provider.

Serving Date	Recipe	Allergens
03/01/2022	R-0255 - Milk	Milk
	R-0357 - Breadstick	Wheat
	R-0371 - Chicken Alfredo	Milk, Wheat, Soybeans
	R-0390 - Chicken Fingers (Fryz)	Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
03/02/2022	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0678 - Cheese Quesadilla	Milk, Wheat, Soybeans
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
03/03/2022	R-0864 - Taco Pizza-HS	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
03/04/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0863 - Turkey Bacon Lettuce Tomato	Wheat, Soybeans (soy)
	R-0255 - Milk	Milk
	R-0261 - Spaghetti with Meat Sauce	Wheat
	R-0279 - Spicy Chicken Tenders	Wheat, Soybeans
	R-0317 - Breadstick 7"	Milk, Wheat
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
03/07/2022	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
	R-0402 - Pizza Burger Sand.	Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
03/08/2022	R-0483 - Sw. Pot Fries-HS	Soybeans
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0812 - Stromboli	Milk, Wheat, Soybeans
	R-0217 - Popcorn Chicken	Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0276 - Fish	Fish, Wheat
03/08/2022	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans

03/09/2022	R-0255 - Milk	Milk
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0767 - General Tso's Chicken	Milk, Eggs, Wheat, Soybeans
	R-0865 - Tangerine Chicken	Eggs, Wheat, Soybeans
03/10/2022	R-0255 - Milk	Milk
	R-0459 - Ham and cheese wrap	Milk, Wheat
	R-0468 - Tossed Salad (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0656 - Pizza Hut Pep Pizza	Milk, Wheat
03/11/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0213 - Walking Taco	Milk, Soybeans (soy)
	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat, Soybeans
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
03/14/2022	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0716 - Sub bar	Eggs
	R-0255 - Milk	Milk
	R-0283 - Br. Chicken Patty Sand. (HS)	Wheat, Soybeans
	R-0287 - Sausage, Egg, & Cheese Sandwich	Milk, Eggs, Wheat
03/15/2022	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0236 - Chicken Tenders	Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0319 - Chix & Ch Quesadilla	Milk, Wheat, Soybeans (soy)
03/16/2022	R-0446 - HS breadstick	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0698 - Taco Bar Salad	Milk, Wheat, Soybeans
	R-0255 - Milk	Milk
03/17/2022	R-0364 - Foot Long Hot Dog	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
	R-0867 - Italian Sub-HS	Wheat
	R-0255 - Milk	Milk
03/18/2022	R-0451 - Taco Pizza Triangles	Milk, Wheat, Soybeans
	R-0469 - Romaine Lettuce (HS)	Milk, Eggs
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat
	R-0657 - Pizza Hut Cheese Pizza	Milk, Wheat
	R-0693 - Salad bar/choice	Milk, Eggs, Wheat, Soybeans
03/18/2022	R-0200 - Chicken & Noodles	Milk (Dairy), Wheat, Soybeans
	R-0255 - Milk	Milk
	R-0270 - Salisbury Steak	Milk, Wheat, Soybeans (soy)
	R-0297 - Wh. Gr. Dinner Roll	Wheat
	R-0471 - Uncrustable PB & J (HS)	Peanuts, Wheat

03/18/2022	R-0693 - Salad bar/choice R-0716 - Sub bar	Milk, Eggs, Wheat, Soybeans Eggs
03/28/2022	R-0255 - Milk R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice R-0711 - Sloppy Joe Sand	Milk Peanuts, Wheat Milk, Eggs, Wheat, Soybeans Soybeans
03/29/2022	R-0255 - Milk R-0357 - Breadstick R-0371 - Chicken Alfredo R-0390 - Chicken Fingers (Fryz) R-0471 - Uncrustable PB & J (HS) R-0693 - Salad bar/choice R-0698 - Taco Bar Salad	Milk Wheat Milk, Wheat, Soybeans Wheat, Soybeans Peanuts, Wheat Milk, Eggs, Wheat, Soybeans Milk, Wheat, Soybeans
03/30/2022	R-0255 - Milk R-0471 - Uncrustable PB & J (HS) R-0678 - Cheese Quesadilla R-0693 - Salad bar/choice R-0864 - Taco Pizza-HS	Milk Peanuts, Wheat Milk, Wheat, Soybeans Milk, Eggs, Wheat, Soybeans Milk, Wheat, Soybeans
03/31/2022	R-0255 - Milk R-0471 - Uncrustable PB & J (HS) R-0657 - Pizza Hut Cheese Pizza R-0693 - Salad bar/choice R-0863 - Turkey Bacon Lettuce Tomato	Milk Peanuts, Wheat Milk, Wheat Milk, Eggs, Wheat, Soybeans Wheat, Soybeans (soy)