



September 2021

SIDNEY HIGH SCHOOL LUNCH MENU



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| | | 1 | 2 | 3 |
| 6 * LABOR DAY | 7 * FIRST DAY SCHOOL Chicken Potato Bowl Fish Stix Mashed Potatoes Wh. Gr. Dinner Roll Fruit Milk | 8 Hamburger Patty Sand Spicy Chicken Patty Baked Beans Fruit Milk | 9 Pizza Hut Pep Pizza Meatball Sandwich-HS Tossed Salad Straw-Banana Yogurt Fruit Milk | 10 Macaroni & Cheese Ravioli Steamed Broccoli Teddy Grahams Fruit Milk |
| 13 Sloppy Joe Sand BBQ Pulled Pork Sand French Fries Fruit Milk | 14 Chicken Styx Chicken Alfredo California Blend Breadstick Fruit Milk | 15 Taco Pizza-HS Cheese Quesadilla Refried Beans Fruit Milk | 16 Pizza Hut Che Pizza Turkey BLT sandwich Baby Carrots Fruit Milk | 17 Spaghetti w/meat Spicy Chicken Tender Romaine Lettuce Breadstick 7" Fruit Milk |
| 20 Stromboli Pizza Burger Sand. Sweet Potato Fries Fruit Milk | 21 Popcorn Chicken Fish Sandwich Wh. Gr. Dinner Roll Corn Fruit Milk | 22 Gen Tso's Chicken Tangerine Chicken Steamed Broccoli Fruit Milk | 23 Pizza Hut Pep Pizza Ham and Cheese Wrap Tossed Salad Sidekicks Juice Fruit Milk | 24 Walking Taco Br. Chicken Patty Refried Beans Fruit Milk |
| 27 * PD DAY (NO SCHOOL) | 28 Chicken Tenders w/breadstick Chix & Ch Quesadilla Cooked Carrots Fruit Milk | 29 Foot Long Hot Dog Italian Sub-HS Baked Beans Fruit Milk | 30 Pizza Hut Che Pizza Taco Triangles Romaine Lettuce Fruit Milk | |

School News

MENU SUBJECT TO CHANGE.

First two menu items is the entree choice. Student may choose one of these. Peanut Butter & Jelly and Salad Bar is an alternate choice daily. Fresh fruit is available daily.

Lunch Price - \$2.70
Reduced Price - \$.40
Breakfast Price - \$1.50
Milk - \$.50

Building Contact
Number -
SHS - 497-2238
Food Service
Department -
497-2200

Free/Reduced
application online at:
www.lunchapplication.com

www.sidneycityschools.org

Make payments easily & safely using [K12PaymentCenter.com](https://www.k12paymentcenter.com)

| Serving Date | Recipe | Allergens |
|--------------|---------------------------------------|-----------------------------|
| 09/07/2021 | R-0255 - Milk | Milk |
| | R-0297 - Wh. Gr. Dinner Roll | Wheat |
| | R-0363 - Fish Stix | Fish, Wheat |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0472 - Mashed Potatoes (HS) | Milk |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0698 - Taco Bar Salad | Milk, Wheat, Soybeans |
| 09/08/2021 | R-0733 - Chicken Potato Bowl | Milk, Wheat, Soybeans |
| | R-0255 - Milk | Milk |
| | R-0282 - Spicy Chicken Patty Sandwich | Wheat, Soybeans |
| | R-0383 - Hamburger Patty HS | Milk, Wheat, Soybeans |
| 09/09/2021 | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0255 - Milk | Milk |
| | R-0468 - Tossed Salad (HS) | Milk, Eggs |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0520 - Strawberry-Banana Yogurt | Milk |
| 09/10/2021 | R-0656 - Pizza Hut Pep Pizza | Milk, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0890 - Meatball Sandwich-HS | Milk, Wheat, Soybeans (soy) |
| | R-0240 - Macaroni & Cheese | Milk, Eggs, Wheat |
| | R-0255 - Milk | Milk |
| | R-0274 - Ravioli | Eggs, Wheat |
| | R-0294 - Teddy Grahams | Wheat, Soybeans (soy) |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| 09/13/2021 | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0716 - Sub bar | Eggs |
| | R-0255 - Milk | Milk |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| 09/14/2021 | R-0711 - Sloppy Joe Sand | Soybeans |
| | R-0255 - Milk | Milk |
| | R-0357 - Breadstick | Wheat |
| | R-0371 - Chicken Alfredo | Milk, Wheat, Soybeans |
| | R-0390 - Chicken Fingers (Fryz) | Wheat, Soybeans |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0698 - Taco Bar Salad | Milk, Wheat, Soybeans |

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| 09/15/2021 | R-0255 - Milk | Milk |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0678 - Cheese Quesadilla | Milk, Wheat, Soybeans |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0864 - Taco Pizza-HS | Milk, Wheat, Soybeans |
| 09/16/2021 | R-0255 - Milk | Milk |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0657 - Pizza Hut Cheese Pizza | Milk, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0863 - Turkey Bacon Lettuce Tomato | Wheat, Soybeans (soy) |
| 09/17/2021 | R-0255 - Milk | Milk |
| | R-0261 - Spaghetti with Meat Sauce | Wheat |
| | R-0279 - Spicy Chicken Tenders | Wheat, Soybeans |
| | R-0317 - Breadstick 7" | Milk, Wheat |
| | R-0469 - Romaine Lettuce (HS) | Milk, Eggs |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| 09/20/2021 | R-0716 - Sub bar | Eggs |
| | R-0255 - Milk | Milk |
| | R-0402 - Pizza Burger Sand. | Wheat, Soybeans |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0483 - Sw. Pot Fries-HS | Soybeans |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0812 - Stromboli | Milk, Wheat, Soybeans |
| 09/21/2021 | R-0217 - Popcorn Chicken | Wheat, Soybeans |
| | R-0255 - Milk | Milk |
| | R-0276 - Fish | Fish, Wheat |
| | R-0297 - Wh. Gr. Dinner Roll | Wheat |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0698 - Taco Bar Salad | Milk, Wheat, Soybeans |
| 09/22/2021 | R-0255 - Milk | Milk |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0767 - General Tso's Chicken | Milk, Eggs, Wheat, Soybeans |
| | R-0865 - Tangerine Chicken | Eggs, Wheat, Soybeans |
| 09/23/2021 | R-0255 - Milk | Milk |
| | R-0459 - Ham and cheese wrap | Milk, Wheat |
| | R-0468 - Tossed Salad (HS) | Milk, Eggs |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0656 - Pizza Hut Pep Pizza | Milk, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| 09/24/2021 | R-0213 - Walking Taco | Milk, Soybeans (soy) |
| | R-0255 - Milk | Milk |
| | R-0283 - Br. Chicken Patty Sand. (HS) | Wheat, Soybeans |

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| 09/24/2021 | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0716 - Sub bar | Eggs |
| 09/28/2021 | R-0236 - Chicken Tenders | Wheat, Soybeans |
| | R-0255 - Milk | Milk |
| | R-0319 - Chix & Ch Quesadilla | Milk, Wheat, Soybeans (soy) |
| | R-0446 - HS breadstick | Wheat |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0698 - Taco Bar Salad | Milk, Wheat, Soybeans |
| 09/29/2021 | R-0255 - Milk | Milk |
| | R-0364 - Foot Long Hot Dog | Wheat |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |
| | R-0867 - Italian Sub-HS | Wheat |
| 09/30/2021 | R-0255 - Milk | Milk |
| | R-0451 - Taco Pizza Triangles | Milk, Wheat, Soybeans |
| | R-0469 - Romaine Lettuce (HS) | Milk, Eggs |
| | R-0471 - Uncrustable PB & J (HS) | Peanuts, Wheat |
| | R-0657 - Pizza Hut Cheese Pizza | Milk, Wheat |
| | R-0693 - Salad bar/choice | Milk, Eggs, Wheat, Soybeans |